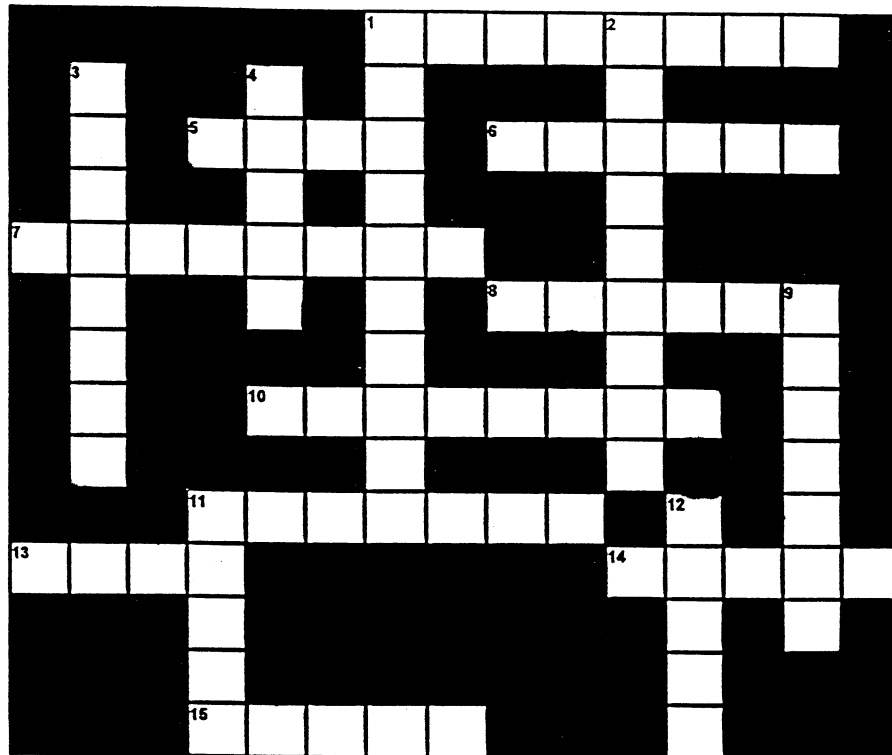


FRUIT OF THE SPIRIT

Galatians 5:22-23

Lesson 8
Self-control
I Samuel 26

When you have self-control, you have power over yourself. You are disciplined to make the correct choices in life. You are able to control your anger, temper, appetite and impulses. When King Saul was disobedient, God decided to take the kingdom away from him and give it to David. Saul was angry and every opportunity he had he tried to kill David. David's actions of respecting the office Saul held as King showed tremendous self-control on David's part. Work the crossword puzzle below using the story from I Samuel 26.



Across

1. It is used to carry water in.
5. He was the King that was jealous of David.
6. Another word for wilderness?
7. Who told Saul where David was hiding?
8. It means to look for something.
10. King Saul was ___ when David Removed his spear and water jug.
11. He was the son of Zeruiah.
13. Abishai was the brother of?
14. A weapon with a sharp point.
15. A competitor.

Down

1. Ziph was a?
2. A means of control.
3. Kings in Israel were ___ with oil.
4. He said, "The Lord forbid that I Should stretch forth mine hand Against the Lord's anointed."
9. David was hiding himself in Hills of ___ K ___ H.
11. He was the son of Ner.
12. One who keeps a close watch on others.

FRUIT OF THE SPIRIT

Galatians 5:22-23

Lesson 8
Self-control
Matthew 5:44

Jesus taught we are to do good to those who hate us. It is easy to love and do good to those who love you. It is far more difficult to love those that hate and persecute you. Find the words from Matthew 5:44 in the puzzle below.

E	S	U	L	M	U	W	Q	Y	Z	W	Y	T	R	I
D	N	A	E	O	E	D	H	E	J	L	O	Z	S	Y
H	O	H	Y	Y	V	H	N	I	L	D	U	M	S	O
E	T	A	H	U	O	E	T	U	C	E	S	R	E	P
W	R	O	F	Z	M	U	F	U	N	H	F	F	L	G
P	Q	A	U	I	G	E	R	G	O	T	U	B	B	Z
O	T	X	E	R	T	S	M	Y	H	Y	O	B	M	W
Z	G	S	N	I	E	M	Q	A	O	Z	F	Y	K	D
V	R	R	P	O	Y	U	T	U	N	I	H	K	T	Y
K	K	S	L	I	V	Y	Y	I	S	D	J	S	Q	J
N	E	G	P	Y	J	U	U	W	X	R	F	Z	X	I
D	D	N	I	B	C	H	I	W	M	A	X	D	R	U
F	O	M	X	E	L	W	W	T	H	U	J	R	B	Z
A	E	O	A	J	T	M	B	D	F	F	Q	E	R	I
S	A	I	G	K	S	T	I	K	I	G	I	Q	L	G

Matthew 5:44

“But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you.”

FRUIT OF THE SPIRIT

Galatians 5:22-23

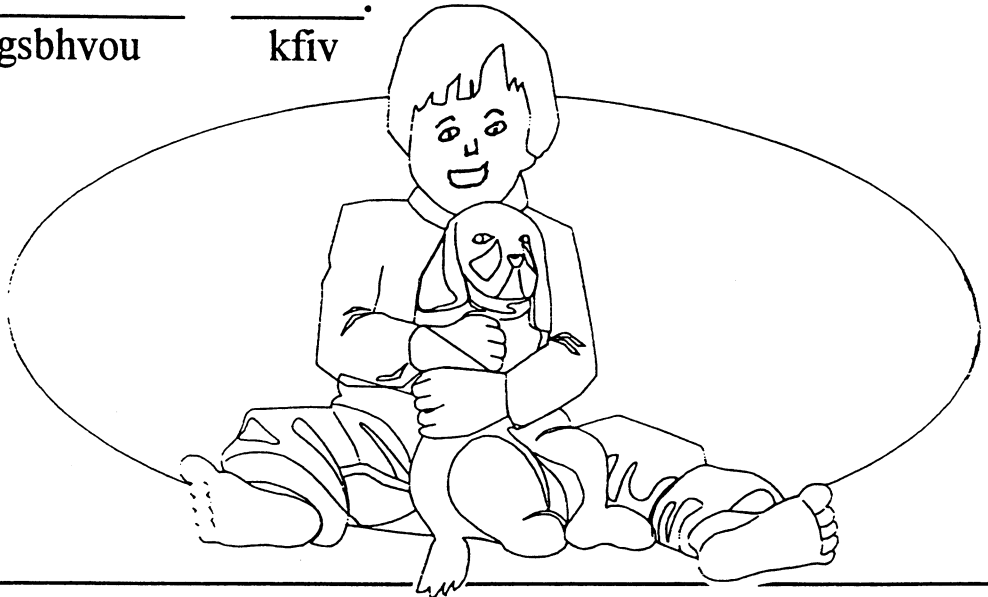
Lesson 8
Self-Control
I Timothy 5:22

Solve the puzzle below to find out how to have self-control and keep yourself pure.

Ozb szmwh hfwvwmb lm ml nzm' mvrsvi

yv kzigzpv lu lgsvi nvm h' hrnh:

pvvk gsbhvou kfiv



Key

A	B	C	D	E	F	G	H	I	J	K	L	M
Z	Y	X	W	V	U	T	S	R	Q	P	O	N
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
M	L	K	J	I	H	G	F	E	D	C	B	A