

Peparing For Days of Unleavened Bread Deleavening Your Home – Helpful Hints

Exodus 12:15: Seven days you shall eat unleavened bread; even the first day ye shall have put away leaven out of your houses: for whosoever eateth leavened bread from the first day until the seventh day, that soul shall be cut off from Israel.

We are commanded to put leaven out of our houses prior to sunset of the thirteenth day of Nisan or Abib; namely just before the evening of the Passover service continuing through to and including the end of the last day of unleavened bread, being sunset ending the twenty first of Nisan.

Just as a lamb was selected on the tenth of Nisan, we should prepare our home ahead of time. This physical act serves to remind us of the new testament meaning to search out the sin in our spiritual lives and put it out. (1 Corinthians 5:6-8)

CLEANING THE HOME: SEEKING OUT THE HIDDEN LEAVEN

Places to clean: toaster, toaster oven, oven, fridge, food preparation and cooking surfaces, bread box, kitchen drawers, table, pantry, anywhere you ordinarily eat, rugs and carpets, upholstery (under the cushions), under appliances.

Items to remove: bread, cakes, “breaded” products like chicken fingers and fish, ice cream cones, baking products: yeast, baking powder and baking soda, vacuum cleaner bag and all trash should be removed from your property by the last garbage pick-up day before Passover.

Don’t sell or give away your leavened products to your neighbor (You wouldn’t give him/her your sins).

Typical leavening agents found in processed foods include: baker’s yeast, baking powder, and baking soda. Some common names for leavening agents on the ingredients list of most processed foods include: sodium bicarbonate, calcium carbonate, calcium bicarbonate, potassium bicarbonate, bicarbonate of ammonia, bicarbonate of soda, potash, leivito (50% baking powder, and 50% baking soda), salt of heart’s horn (from reindeer antler for the connoisseur).

Items that are not of concern for de-leavening include: dog food, floor polish or household cleaning products that may contain such leavening agents but are not consumed by humans as food; beer or products containing brewer’s yeast because it is not an active ingredient; vitamins, cream of tartar, soups (yeast extract is not a leavening agent).