

# CGI Canada Newsletter

**Is Your Time  
Running Out?**

**When is Enough, Enough?**

We Must Develop  
The Character Of  
*Self-Control*

**Sabbath Service info for November**



# Table Of Contents

---

**4**

*Is Your Time Running Out?* - Elder Horane Smith explains the importance of time in our lives.

**6**

*When is Enough, Enough?* - W. Adam Boyd stresses the importance of never giving up.

**8**

*We Must Develop The Character of Self-Control* - Infuse article by Emmanuel Donkor addresses a fruit of the spirit.

**9**

*Brunner Hill Blessings* - by Herb & Janet Jacobs.

**10**

*Member Spotlight / Feast Report and pics of Feast of Tabernacles in Collingwood.*

**15**

*Pics of Feast of Tabernacles in Ghana, and Runaway Bay, Jamaica.*

**19**

*Sabbath Service Schedule / Outreach Tools & Resource info.*

# EDITOR'S NOTE



Welcome to the November edition.

Feast of Tabernacles has come and gone, and we are all the more blessed for having honoured Yahweh by keeping His appointed festival. I do hope your Feast was as glorious as mine was. What did you take away from Feast this year? Have you been spiritually refreshed and renewed? Brethren we are living in a precarious time, and we **MUST** be serious about our walk. Take some time to think about how you can better serve the brethren going forward, and make a plan to improve your calling.

Check out this month's featured article - **Is Your Time Running Out** by Elder Horane Smith, then **When is Enough, Enough** by W. Adam Boyd. Read the Infuse article **We Must Develop The Character of Self-Control** by Emmanuel Donkor, and enjoy our regular feature **Brunner Hill Blessings** from Herb & Janet Jacobs. Also, take in our **Member Spotlight**, a **Feast Report**, and view tons of pictures from the Feast sites in Collingwood, Ghana and Runaway Bay, Jamaica.

If you have an interest in providing Content for the monthly newsletter please contact me at the email below. I'd love to hear from you!

---

*Rev. 1:5 NKJV "...To Him who loved us and washed us from our sins in His own blood, and has made us kings and priests to His God and Father, to Him be glory and dominion forever and ever. Amen."*

---



**Maria McLaughlin**

Editor  
CgiC Newsletter  
[mariamclaughlin@cgitoronto.org](mailto:mariamclaughlin@cgitoronto.org)





# Is Your Time Running Out?

Elder Horane Smith

Now that you have returned from the Feast of Tabernacles, what is next on your agenda? What plans have you made for your life? What are your priorities? What plans have you made for God?

We are experiencing death all around us – some close to us, others we don't know. But what this is telling us is life is short. Our time is running out. We are given 2,207,5200,000 seconds to live or 70 years and if we live up to 80, it's 2,522,880,000. **What have we been doing with these seconds?**

**Psalm 90:12** says **Teach us to number our days, that we may gain a heart of wisdom.**

**Proverbs 27:1** Do not boast about tomorrow for you do not know what a day may bring.

**Proverbs 16:9** A person plans his way, but the LORD directs his steps.

We can either spend more time with God or less time. We can either do more work for the church or less. We can either spend more time with family or less; we can spend more time at work or less whenever there's a need to. We can do too much of one thing and lack in many others.

Are you wasting time? Are you maximizing time? Are you redeeming time? Do you care about time?

The Word of God is serious about time. It couldn't be more serious. Why? Time is of the essence. Time governs our lives. We cannot stop it; we cannot slow it down, we can only make the best use of it.

Time is the only thing that you can never get back. Time that passes cannot come back. If you want to slow it down, you can't. If you wish to speed it up, you cannot either. Every moment counts because every moment in your life matters. We may not know what a moment will bring, but we know that everything happens for a reason.

Time is the only dimension in which we all live our lives, and it affects everything that we do. Have you ever thought about what would happen if there was no time? All activity would cease, and there would be no renewal or recovery. The end of time would be the end of endings.

You can't really know how long you have left on earth. You might wake up tomorrow and be gone for one reason or another. We should appreciate life even more because of this reality as we never know when our time will run out. (continued on the next page)



# Is Your Time Running Out? cont'd

**James 4:13-15** *Come now, you who say, Today or tomorrow we will go into such and such a town and spend a year there and trade and make a profit”— yet you do not know what tomorrow will bring. What is your life? For you are a mist that appears for a little time and then vanishes. Instead you ought to say, “If the Lord wills, we will live and do this or that.*

The Bible gives us much to contemplate about the use of time. **Ecclesiastes 3:1-8** *For everything there is a season, and a time for every matter under heaven: a time to be born, and a time to die; a time to plant, and a time to pluck up what is planted; a time to kill, and a time to heal; a time to break down, and a time to build up; a time to weep, and a time to laugh; a time to mourn, and a time to dance; a time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing;*

**Ephesians 1:10** *That in the dispensation of the fulness of times he might gather together in one all things in Christ, both which are in heaven, and which are on earth; even in him:*

So God has a plan to bring all things together in the fullness of time or when time has reached its limit and something needs to change.

What is this saying to us as we return from the FOT? Or just having heard the news of death among us. How did you spend God's appointed time? Bickering, or doing something uplifting for another child of God.

**John 9:4** *We must work the works of him who sent me while it is day; night is coming, when no one can work.*

**Ephesians 5:15-17** *Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is.*

Are these days glorious or evil days? The Bible describes these days as evil. And as evil as they are, time is running out. You look around and you see evil all around. We are in the midst of ongoing strife; social and economic turmoil;

**Colossians 4:5** *Behave wisely toward outsiders, making the best use of your time.*

**2 Corinthians 4:18** *So we do not focus on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.*

We are all running out of time which means we have to make it right with God. Those of us who have made that commitment to God must follow through on our promise to Him. He has made promises to us and he will fulfill them.

So, as we face these evil days, consider, and meditate on whether your time is running out.

# When is Enough, Enough?

By W. ADAM BOYD

The rise in despicable crime without justice, the degradation of morality, the minimization of family, the proliferation of ignorance and hedonism, the obfuscation of history and truth, the attempted eradication of God and the Bible, and the disregard for even human life and biological anatomy itself—we see all of these occurring right now in the world.

Do you often ask or ponder when God might say, “Enough!” and return to Earth and fulfill the plan of His restoration of the coming Kingdom? Likely, many of us have been involved in a conversation discussing this very matter. However, we also know that, as Matthew 36–39 tells us, *“But about that day or hour no one knows, not even the angels in heaven, nor the Son, but only the Father. As it was in the days of Noah, so it will be at the coming of the Son of Man. For in the days before the flood, people were eating and drinking, marrying and giving in marriage, up to the day Noah entered the ark; and they knew nothing about what would happen until the flood came and took them all away. That is how it will be at the coming of the Son of Man.”* So, we understand that nobody knows when this event will occur except for the Father Himself—not even Jesus or the angels know!

When I was younger, about 20 plus years ago, I often heard of how we were living in the end times. If you grew up in the Church as I did, you likely remember that your parents lived through a time in the 1970s where some thought the same thing. I remember going through the tragic events on September 11, 2001, thinking it was a significant shift in time catalyzing “the end.” That was 2 years ago! Yet, we are still here watching, waiting, and pondering.

The recent events in Israel are no doubt increasing these discussions and speculations of where we are in the prophecy timeline and perhaps bringing back some of the same thoughts as two decades ago. This notion, “when enough is enough,” transcends through much of our lives. We often face difficulties, challenges, and hardships, sometimes daily. Some deal with long-term health infirmities, disabilities, and other struggles beyond their immediate control. In the workplace, we’ve all had to deal with a negative coworker or the person that is not doing their job well, and we think, How much longer will this go on?

I recently met and spoke with an elderly man whom I saw as a patient, and he was discussing how he had a lot of medical problems. He was telling me all about his medical issues—one of which was severe anemia. What struck me, though, was that during our conversation, he asked me, “When do you call it quits—at what age do you just let people die?” I was very astounded at the question. He added that he “figured it was just his time to go.” You see, this gentleman had tried to convey to me that he had had enough. He was tired of fighting.

We have all probably encountered similar stories of older friends and family who have felt the same towards the end of life. Before we finished talking, I answered, of course, we don’t ever give up and let people die no matter their age. He ended up taking the advice I gave him and headed straight to the hospital across the street, received a blood transfusion, and did very well afterwards.

I saw him for a follow up visit in my office, and he had a vastly different attitude. He was very jovial and spirited. He thanked me for caring about him, and we shared some nice conversation, even discussing God and giving Him the praise.

(continued on the next page)

# When is Enough, Enough? cont'd

Thankfully, we were able to uncover his problem and treat him successfully, and he is doing well. I give this example because it shows how sometimes we feel like we cannot keep going, don't want to, or don't understand how we will move on to the next point in life. Most of the time, we do keep going even if we don't understand how.

Importantly here, it was the help of someone other than just us that played a role in "keeping going." We need to remember that when we feel like this, we can always call on our brothers and sisters to help us get through if needed, and of course pray as always. When we continue to do this repeatedly, it builds resilience, which is paramount to our lives here on Earth and our walk with God. Many small victories lead to a larger victory!

We can think of many people in our Bibles who have likely thought to themselves, When will it be over? or When will this end? Joseph, for example, went through wrongfully being imprisoned even after doing the right thing when he was tempted! However, didn't he end up in a better place? Wasn't he rewarded for his patience and faith?! It is fair to think he must have pondered for years whether or not he would ever be free, but he kept his faith even though he did not understand what was yet to come.

We can recall several other examples of longsuffering and resilience, such as the story of Job, and also Jesus Christ our Savior! "*About three in the afternoon Jesus cried out in a loud voice, 'Eli, Eli, lema sabachthani?' (which means 'My God, my God, why have you forsaken me?')*" (**Matthew 27:46**). I have always wondered why Jesus said this. What I have come up with in my adult life is that He was a man. He was suffering. He had had enough. We know that shortly after, God took Him and ended His suffering (**Matthew 27:50**).

So ultimately, God knows when we've had enough, and in such times He can take action. We often come to the conclusion that sometimes things are just out of our hands. We pray and leave it to God. We know God will act when He decides it is time. However, we must not forget that we were created in His image! We, too, can take action to help others and ourselves when we feel enough is enough.

Perhaps a better question we should be asking ourselves is, "Am I doing enough?" In that sense, there can probably never be enough. There's no limit to charity and doing good works for God and for our fellow brothers and sisters. No matter how bad things get out in the world or in our own lives, we must remember there is still work to be done.

We are still here watching, waiting, and pondering—but we should be growing, learning, teaching, serving, helping, and emboldening each other. We should share not only our triumphs and victories but also our hardships and tragedies with each other. This is part of fellowship and strengthens us. Instead of lamenting that bad coworker, we can approach them lovingly and offer guidance or advice. We can help those suffering, and reach out for help when we are suffering.

God tells us to be ready for we do not know the hour, so make the best of what you have, prepare yourself, examine yourself, and always work to be better—then, when the time comes, you will be ready for enough to be enough—no matter when that time is. Ω

## SELF-CONTROL

By Emmanuel Donkor

We often hear how the world is gradually becoming a dangerous place to live. Young men and women disobey their parents, as self-centeredness has become a common phenomenon. People tend to seek their own interests more than that of other people in society.

Courtesy is important to have, but often enough, it is rather neglected. The conflict between Israel and Lebanon is an example of what has come to symbolize the current state of the world.

There are fundamental factors that govern the world in which we live in. Considering the current state of the world, it is clear to see that people have turned away from God. They have rejected the truth and knowledge of the Word of God.

The world was founded on the Word of God, and Genesis chapter one makes reference to it. In this chapter, God fashioned what was a 'formless and empty' world by His Word (**Genesis 1:2**). In the same way, God through the prophets and the apostles laid down principles on how to conduct our lives on earth. In **Galatians 5 verses 16-26**, Paul emphasized the importance of living by the spirit and overcoming the desires of the flesh. By doing so, it will inevitably have a positive effect on people in the world and thus fulfill God's plan for mankind.

The spirit of self-control is one of the many virtues that must be encouraged among believers and the world as a whole. The Bible describes self-control as one of the Fruit of the Spirit (**Galatians 5:23**).

Do you ever wonder whether the situation between Israel and Lebanon would have been different if they had exercised self-control? What would it be like if all the "Terrorists" exercised self-control? What would the world be like if everyone else did the same too?

The story of Dinah and Shechem, found in **Genesis 34:1-31**, is a good example of the consequences of not having self-control. The story also shows us how easily a person's blessings are forfeited due to lack of self-control.

In the story Dinah, "the only daughter born to the patriarch Jacob is raped by Shechem." The outcome of this incident is violence, as it leads to the deaths of many Hivites. Even though Shechem loved Dinah for "**his heart was drawn to Dinah and spoke tenderly to her**" (**Genesis 34:3**), he went about it the wrong way. It was only after

he had 'violated' her that he asked his father, Hamor to ask Jacob for Dinah's hand in marriage. Levi and Simon also showed lack of self-control by taking revenge. There are other characters in the Bible who have missed out on God's promises by showing a lack of self-control.

Usurping the priestly function, a function performed by Samuel as the prophet of God, Saul lost what could have been an opportunity to establish a dynasty in Israel. On the other hand, David showed restraint and as a result, established a dynasty with the reign of Solomon (**1 Samuel 23-25**). Even when he had the opportunity to kill Saul, he acknowledged Saul as the Lord's anointed; refusing to kill him.

The world needs people with strong character, who would not bend the rules to satisfy their own selfish goals. At this point, I would like to ask the following questions:

- What do you do in secret, when nobody is around?
- What is your first reaction when somebody offends you?
- Do you allow God to take control because vengeance is His?
- For the brothers and sisters who are dating; are you determined to live pure and holy lives until you are ready to marry?
- Are you patient enough to wait for God's direction?

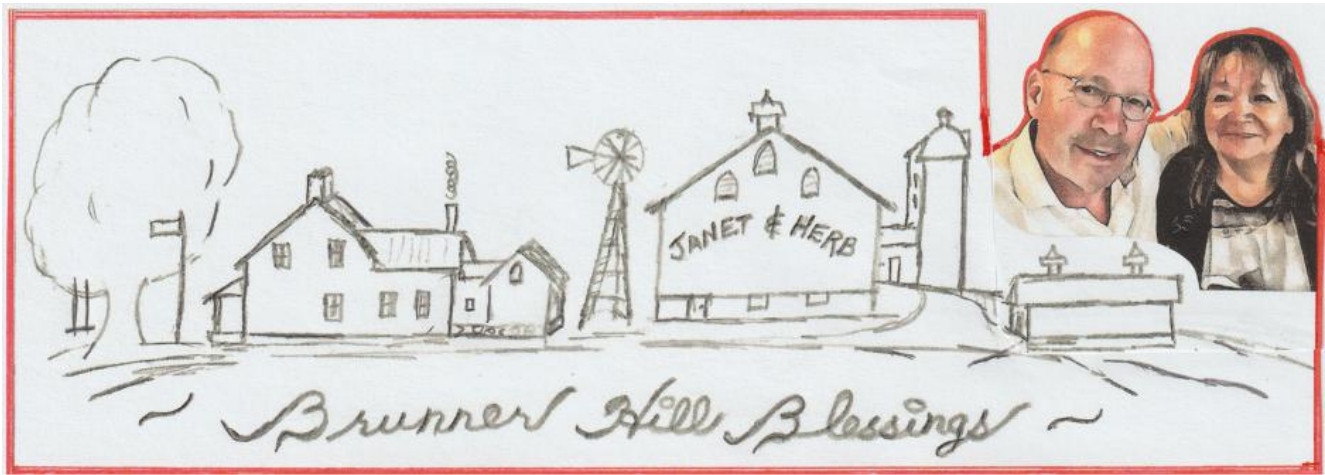
There is no doubt that when we develop self-control, we would be in tune with God's spirit, and it then becomes easy for Him to pour out His blessings on us. We can show the Fruit of the Spirit by surrendering our lives to God.

We need to entrust our decisions and burdens to God, as He is the one who gives us peace in the midst of our storms for "**He creates everything beautiful in its time and also sets eternity in the hearts of men**" (**Ecclesiastes 3:11**).

Self-control would enable the leaders of our nations, to make our world a strife and violent free world. We would be glorifying God if we live a life that is pleasing unto Him.

We ought to put away the 'Shechem', 'Levi' and 'Simon' spirit that deprives the world and ourselves the peace and blessings that God has already given to us. God is a good God and would not withhold anything good from us.

The ball is now in our court.



By Janet & Herb Jacobs

## Did you eat today?

*Matthew 14: 19-21 " ..and took the five loaves, and the two fishes, and looking up to heaven, he blessed, and brake, and gave the loaves to his disciples, and the disciples to the multitude.20 And they did all eat, and were filled: ..and they that had eaten were about five thousand men, beside women and children." O GIVE thanks unto the Lord, for he is good.*

too late to give, "no excuses", as e-transfer is available.

Soon, following this food drive, my beautiful wife Janet and I headed north to the 2025 Feast of Tabernacles - Georgian Bay Hotel, Collingwood, Ontario. And there it was, right in the lobby, a small Food Collection display - with a QR Code. Now it is never too late to give, "no excuses", - just scan with your phone and see what happens next!

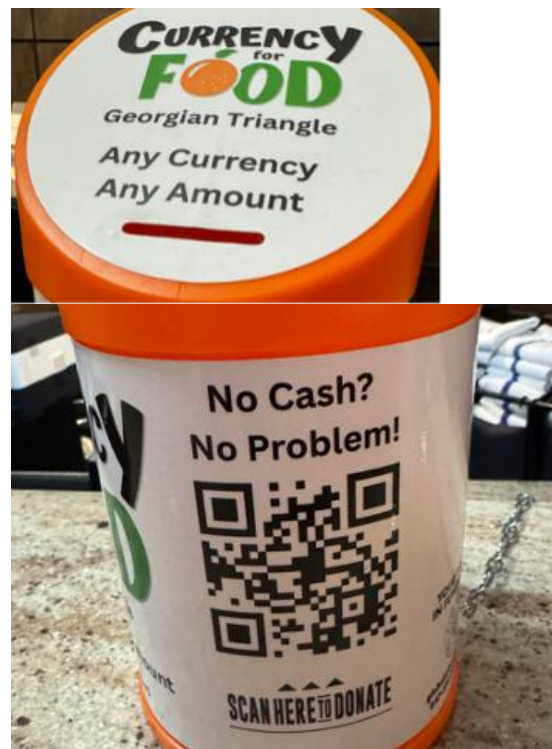
10th Annual (2025)  
**MILVERTON LIONS**  
**FOOD & DONATION DRIVE**  
**Curbside pick-up..**  
**Sat. Oct. 4, 10:00 AM**



**PLEASE LEAVE YOUR DONATION AT THE  
 END OF YOUR DRIVE-WAY BY 10:00 AM  
 or leave at LIONS SQUARE (10 AM to 3 PM)**

Support your LOAVES & FISHES FOOD BANK for  
 nonperishable items / cash / cheque / e-transfer to  
[LIONSMLVAL@GMAIL.COM](mailto:LIONSMLVAL@GMAIL.COM) ( food drive in memo).

The Milverton Lions Club 10th Annual Food and \$-Donation Drive was held on October 4th, 2025. We had about 12 helpers to collect food around town. And new this year, it is never



Blessings until next time,  
 Janet & Herb.

# MEMBER SPOTLIGHT



We Welcome Samar Smith to our Member's Spotlight this month! Samar has been a CGI member since birth as her parents are Beverley and Elder Horane Smith. She loves working with children and enjoys teaching Sabbath School lessons to the children of CGI Toronto. Samar works as a public servant for the Federal Government however, her real passion is art, and she is a very talented artist and entrepreneur. She runs her own small business - KittenJelly Boutique, where she creates and sculpts miniatures from polymer clay and turns them into wearable pieces of art. She loves travelling, learning new subjects and she's a big foodie. During her spare time she enjoys being out in nature. As a very adventurous person, Samar likes to explore and try new things. She also enjoys watching documentaries and movies, as well as visiting art galleries and museums.



I must remember to invite a guest and pull out the items I want to donate to CGI Toronto's 'EACH ONE BRING ONE - SWAP & HEALTH FAIR' on Sat. Nov. 8th, 2025. See you there!

It's that time again - Bring a family member and/or friend to CGI Toronto's Sabbath service on Saturday, November 8th, and enjoy our Health Fair, potluck, and have fun swapping new or gently used donated household and clothing items. All swapped items are FREE, and remember - all donated items must be clean and in good condition - Come out, fellowship and enjoy!

**\*For entry to this event please bring along a non-perishable food item and drop in the box provided. This Food will be donated to the needy!**

# FEAST REPORT FOR COLLINGWOOD

## Submitted by Loretta Jasper

This year's Feast of Tabernacles was once again observed in the beautiful area of Collingwood, Ontario. The trees were beginning to show the beautiful splendor of their fall colours. Soon, everyone was settled into their "temporary" dwellings and down in the meeting room Richard Dubler delivered a Welcome Message which was followed with light refreshments. As everyone was arriving for services on the first day, there was a feeling of excitement and great joy as we greeted one another. It really felt like a long awaited family reunion. There were many who travelled a great distance, and several persons who we had not seen in quite a while.

Our speakers gave insightful, thought-provoking sermons, ranging from how meaningless our lives are without the hope our Creator offers us; and the need to look back to the past and remember that He is the only One and True God. We have temporary lives in a temporary world. The sermons continued, reminding us that we need to keep God's Commandments as the Feast of Tabernacles portrays the final "Harvest Season" just before God's Kingdom is established.

The Feast is a celebration of love, joy, peace and hope. Our words are powerful and reveal our inner thoughts. You can be influenced (good or bad) by the words of those around you. Technology, even though it can be helpful, is making us lazy by allowing our minds to wander - AI has an answer for everything. Our memories are weakened due to a lack of concentration. We were encouraged to do God's will and always be prepared (unlike the foolish virgins), remaining faithful to the very end. And, finally, we were given a thorough explanation of the Last Great Day and God's great plan for Salvation. The speakers were as follows: Rick Dubler, Frank Jezic, Bernard Wilson, Jim French, Mel Rahel, David Townsend, Larry Arnburg and Stephan Willshaw.

We were treated to a lovely luncheon after services on the first day, allowing us to continue fellowship. We had no baptisms, blessed twenty-one children, and had one ordination - Heinrich Peters, a member of the London fellowship was ordained to the Deaconate. One young lady came forward with some feast lessons for the children which was greatly appreciated by all.

We enjoyed a great variety of special music, choir and songs of praise. Activities were low-key, ranging from a picnic, variety show & "hobby share", physical & spiritual gardening tips, a joint UCG beach go-cart event, bible bracelet beading, and a Farm outing enjoyed by the children and their families. We were blessed to have 100 - 107 persons in attendance, with 22 of those representing the London congregation. Ω



Please join us  
as we Welcome  
newly appointed Deacon  
Heinrich Peters,  
a member of the CGI  
London Congregation!

# Enjoy some pics from Feast of Tabernacles in Collingwood

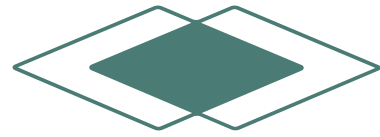


# More pics from Feast of Tabernacles in Collingwood



# FEAST OF TABERNACLES - COLLINGWOOD

Enjoy these photos taken during The Feast of Tabernacles in Collingwood, and submitted by Yanya Reiner. Yanya is a member of the CGI Kitchener congregation and shared "This was only our third Feast of Tabernacle, and I have to say it was an amazing week full of wonderful sermons, blessed fellowship and all in all just a great week."



# GREETINGS FROM THE FEAST OF TABERNACLES IN GHANA, AFRICA

Brother Louis Anane and his family sent greetings to the brethren in Canada from their UCG Feast site at Winneba, in the Central region (a coastal region) of Ghana, Africa. Registered attendance was 360 persons including children. Enjoy these pictures from their Feast site.

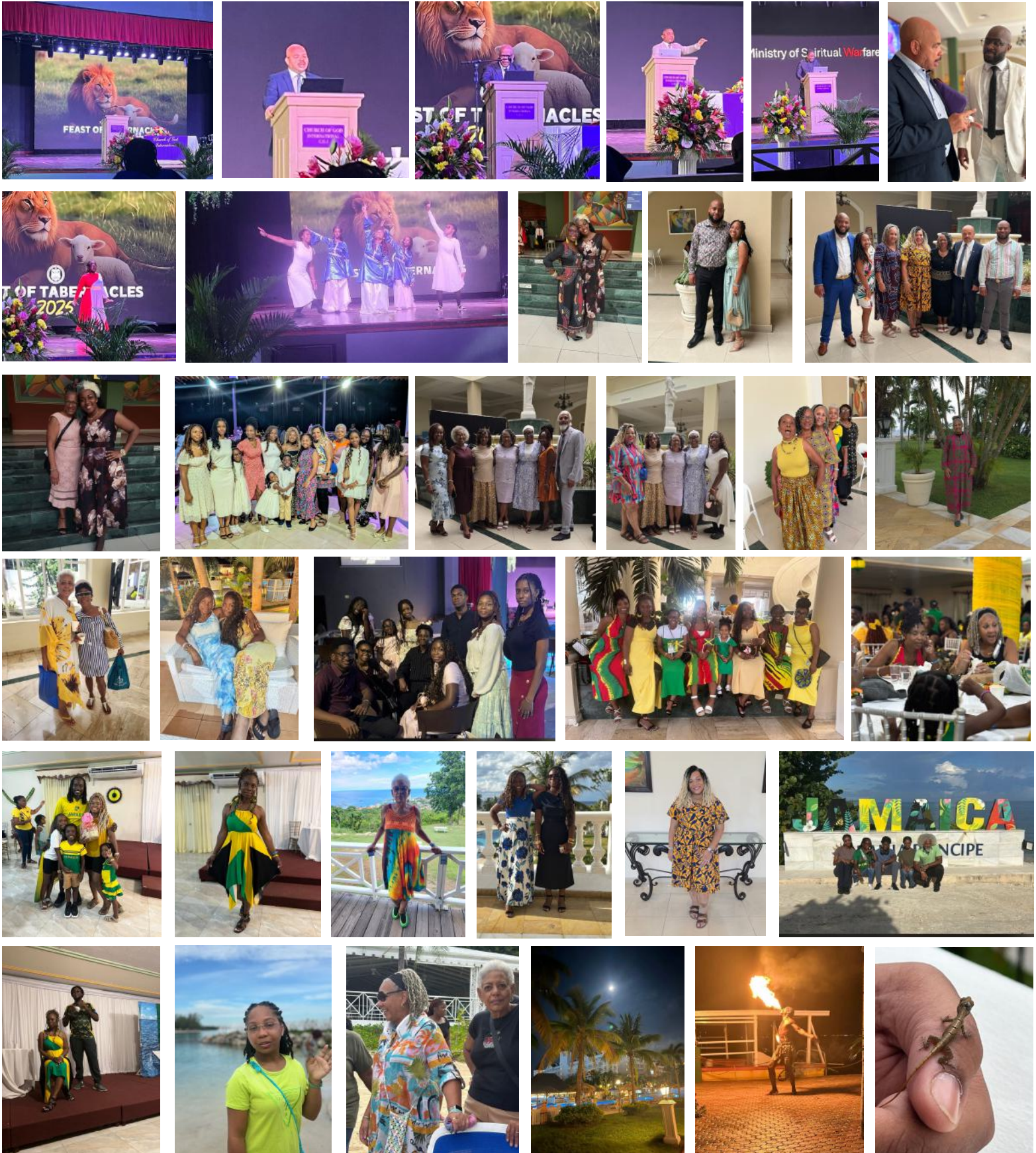


# FEAST OF TABERNACLES - RUNAWAY BAY, JAMAICA

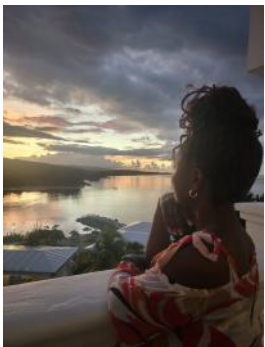
There were 34 brethren from CGI Toronto who travelled to Runaway Bay, Jamaica to keep the Feast of Tabernacles 2025 with the brethren there. We received a very warm welcome and fellowship, and each day we enjoyed powerful sermons together with lively praise and worship and special items. There was just over 300 persons in attendance on the first day. It was a joy to experience the ordination of three new CGI Elders - Winston Samuels (Maroon Town); Derrick Alwood (Kingston); and Sean Goldburn (Atlanta). The highlight of the Feast was witnessing the baptism of our young Toronto brother, Johvonne Keane, who together with three Jamaican members were welcomed into the body of Christ. Besides the delicious food, sandy beaches and warm Caribbean sunshine, we were able to take in many fun-filled activities such as a Senior's Dinner, boat ride for the couples, funtastic sports day, and debating competition - something for every age group. What a glorious time we had, and we look forward to doing it again!



# More Pics Of Feast Of Tabernacles 2025 Runaway Bay, Jamaica



# More Pics Of Feast Of Tabernacles 2025 Runaway Bay, Jamaica



## NOVEMBER SABBATH SERVICES

### Toronto

Nov. 1 - Kenroy Allen  
Nov. 8 - Victor Paron  
Nov. 15 - Courtney Edwards  
Nov. 22 - Dwight Chin  
Nov. 29 - Bernard Wilson

### Kitchener

Nov. 1 - Rick Dubler  
Nov. 8 - Bernard Wilson  
Nov. 15 - Kenroy Allen  
Nov. 22 - Adam Dubler  
Nov. 29 - Mel Rahel

### Burlington

Nov. 1 - Murray Palmatier  
Nov. 8 - Adrian Davis  
Nov. 15 - Jan Kowalczyk  
Nov. 22 - Murray Palmatier  
Nov. 29 - Adrian Davis

### London

Nov. 1 - Bernard Wilson  
Nov. 8 - Rick Dubler  
Nov. 15 - Mel Rahel  
Nov. 22 - Adam Dubler  
Nov. 29 - Horane Smith

### Kawartha Lakes

Nov. 1 - Horane Smith  
Nov. 8 - Taped Sermon  
Nov. 15 - Larry Arnburg  
Nov. 22 - Stephan Willshaw  
Nov. 29 - Jim French

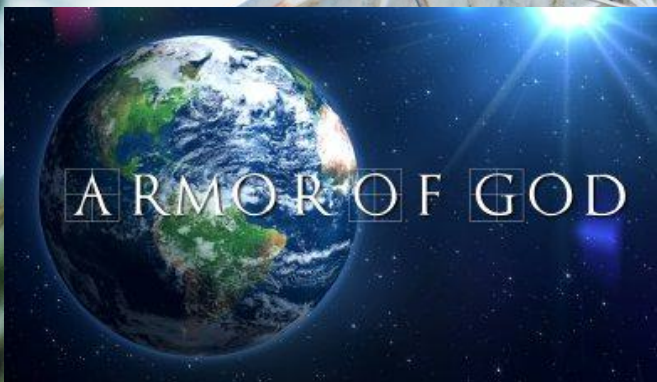
### Ottawa

Nov. 1 - Jim French  
Nov. 8 - Taped Sermon  
Nov. 15 - Jim French  
Nov. 22 - David Townson  
Nov. 29 - Taped Sermon

For more info - see the Congregation websites  
@ [Cgicanada.org](http://Cgicanada.org)

# Follow our Outreach Tools

Click to launch!



**ENJOY THE  
UPCOMING EPISODES**

**LIVE**

PODCAST  
KEEPING WATCH  
CGI BURLINGTON  
PODCAST

subscribe

07:50 10:00

Tune into the **Keeping Watch** Podcast for inspiring conversations on world events, from a Biblical perspective.

**New episodes released every SATURDAY**