

# *Pastor Murray's 2022 Count of 15 "Psalms of Ascent" to Tabernacles*



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## **1. Monday, September 26th**



**Murray Palmatier** 8:01 AM

Good morning everyone on this very sacred and holy day of the memorial of the blowing of trumpets. Today is the 1st day of the 7th month, and the first day of 15 that bring us through the Day of Atonement and to the Feast of Tabernacles. Traditionally, God's covenant people used the Psalms of Ascent, a 15-psalm section of scripture to lead them up to Jerusalem. It coincided with the 15 days, beginning today, that culminated with the start of Tabernacles. I thought I would post each of those Psalms to help prepare and focus us throughout these days.

You may find it interesting what you read in these Psalms as we work our way through them, and do feel free to comment should you feel inspired.

We'll begin today with Psalm 120 - and a very clear connection to the Feast of Trumpets. Have a very blessed day.

### **Psalms 120**

**In my distress I cried unto the LORD,  
and he heard me.**

**Deliver my soul, O LORD, from lying lips,  
and from a deceitful tongue.**

**What shall be given unto thee? or what shall be done unto thee,  
thou false tongue?**

**Sharp arrows of the mighty,  
with coals of juniper.**

**Woe is me, that I sojourn in Mesech,  
that I dwell in the tents of Kedar!**

**My soul hath long dwelt  
with him that hateth peace.**

**I am for peace: but when I speak, they are for war.**

## ***2. Tuesday, September 27th***



**Murray Palmatier** 8:57 AM

Good morning all. Hoping you all had a very blessed Feast of Trumpets. We'll continue the count we started yesterday with Psalm 121. We are blessed to serve a God that never slumbers, never sleeps and protects His faithful people, according to His perfect will! Have a safe day.

### **Psalms 121**

**I will lift up mine eyes unto the hills,  
from whence cometh my help.**

**My help cometh from the LORD,  
which made heaven and earth.**

**He will not suffer thy foot to be moved:  
he that keepeth thee will not slumber.**

**Behold, he that keepeth Israel  
shall neither slumber nor sleep.**

**The LORD is thy keeper:  
the LORD is thy shade upon thy right hand.**

**The sun shall not smite thee by day,  
nor the moon by night.**

**The LORD shall preserve thee from all evil:  
he shall preserve thy soul.**

**The LORD shall preserve thy going out and thy coming in  
from this time forth, and even for evermore.**

### **3. Wednesday, September 28th**



**Murray Palmatier** 9:49 AM

Good morning everyone. Among the many meanings of the Day of Atonement is the national repentance of God's covenant people. As we transition from The Feast of Trumpets to the Day of Atonement, we see a connection to this as the Psalmist looks forward to peace in the city of Jerusalem, the centrepiece of the land promised by God to His covenant people - and where He will ultimately dwell when it is made new.

Here is today's Psalm of Ascent.

#### **Psalm 122**

**I was glad when they said unto me,  
Let us go into the house of the LORD.**

**Our feet shall stand  
within thy gates, O Jerusalem.**

**Jerusalem is builded  
as a city that is compact together:**

**Whither the tribes go up, the tribes of the LORD,  
unto the testimony of Israel,**

**to give thanks unto the name of the LORD.**

**For there are set thrones of judgment,  
the thrones of the house of David.**

**Pray for the peace of Jerusalem:  
they shall prosper that love thee.**

**Peace be within thy walls,  
and prosperity within thy palaces.**

**For my brethren and companions' sakes,  
I will now say, Peace be within thee.**

#### ***4. Thursday, September 29th***



**Murray Palmatier** 7:02 AM

Good morning brothers and sisters. Today's Psalm of Ascent is # 123.

Reading this through the eyes of the covenant people of God, we find ourselves in a similar environment today. We still have our freedoms, but the noose is tightening. One of the lessons of Atonement is the Jubilee (which officially came every 50 years on Atonement). The Psalmist lists two types of people that cause us to be filled with contempt - those who are complacent (at ease) and arrogant (proud). As the study of Joel 3 showed last night, God will eventually act on behalf of His faithful people. So let us patiently wait with faithfulness, humility, and zeal.

#### **Psalm 123**

**Unto thee lift I up mine eyes,**

**O thou that dwellest in the heavens.**

**Behold, as the eyes of servants look unto the hand of their masters,**

**and as the eyes of a maiden unto the hand of her mistress;**

**so our eyes wait upon the LORD our God, until that he have mercy upon us.**

**Have mercy upon us, O LORD, have mercy upon us:**

**for we are exceedingly filled with contempt.**

**Our soul is exceedingly filled**

**with the scorning of those that are at ease,**

**and with the contempt of the proud.**

## 5. Friday, September 30th



**Murray Palmatier** 9:59 AM

Good morning! As we prepare to come into holy time this evening with the arrival of Sabbath, today's Psalm of Ascent is # 124. Of note in v.1 is the phrase "Let Israel now say." Scholars say that this Psalm was meant to be a declaration from Israel to acknowledge God's hand in the deliverance, followed by praise to Him for that. One day, Israel will make this public confession. May we, as covenant people today, declare our faithfulness to Him for allowing us to be on His side. Have a blessed Sabbath.

### Psalm 124

If it had not been the LORD who was on our side,  
now may Israel say;  
If it had not been the LORD who was on our side,  
when men rose up against us:  
Then they had swallowed us up quick,  
when their wrath was kindled against us:  
Then the waters had overwhelmed us,  
the stream had gone over our soul:  
Then the proud waters  
had gone over our soul.  
Blessed be the LORD,  
who hath not given us as a prey to their teeth.  
Our soul is escaped as a bird out of the snare of the fowlers:  
the snare is broken, and we are escaped.  
Our help is in the name of the LORD,  
who made heaven and earth.

## 6. Saturday, October 1st



**Murray Palmatier** 8:13 AM

Good Sabbath morning all! What a lovely piece of music Olivia posted, and I always enjoy waking up to Ernie's greetings on Sabbath morning!

As we work our way through the Psalms of Ascent, this Sabbath brings us to # 125. As part of the covenant people of God, we can be strengthened by this Psalm as we find ourselves in the midst of wickedness today. We can look forward to its fulfillment in Jerusalem following the events that lead to the Day of the Lord and then the national repentance of Israel for those who finally accept Christ as the Messiah, Lord and King. But today, we can be strengthened by the notion that complete trust in God will prevent us from being overtaken by the enemy. We may still suffer in this life, but steadfast trust in Him will protect the Eternal Life to which we are heirs. Have a blessed Sabbath.

### **Psalms 125**

**They that trust in the LORD shall be as mount Zion,  
which cannot be removed, but abideth for ever.**

**As the mountains are round about Jerusalem,  
so the LORD is round about his people  
from henceforth even for ever.**

**For the rod of the wicked shall not rest upon the lot of the righteous;  
lest the righteous put forth their hands unto iniquity.**

**Do good, O LORD, unto those that be good,  
and to them that are upright in their hearts.**

**As for such as turn aside unto their crooked ways,  
the LORD shall lead them forth with the workers of iniquity: but peace shall be upon Israel.**

## **7. Sunday, October 2nd**



**Murray Palmatier** 9:23 AM

As you wake up this Sunday morning, here is the next Psalm of Ascent, # 126:

### **Psalm 126**

**When the Lord turned again the captivity of Zion, we were like them that dream.  
Then was our mouth filled with laughter, and our tongue with singing: then said they among the heathen,  
The Lord hath done great things for them.  
The Lord hath done great things for us; whereof we are glad.  
Turn again our captivity, O Lord, as the streams in the south.  
They that sow in tears shall reap in joy.  
He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing,  
bringing his sheaves with him.**

## **8. Monday, October 3rd**



**Murray Palmatier** 7:13 AM

Good Monday morning everyone! We are about 36 hours from the onset of The Day of Atonement - most, holy sacred time. Today's Psalm of Ascent is a powerful reminder as we go about doing all that we do in the name of our Father and the name of our Messiah, that we must be on His side, or our efforts, regardless of how right we may think we are, will be for naught. We see this described on both the smaller level of family, and the expanded view of the House of God.

### **Psalms 127**

**Except the LORD build the house, they labour in vain that build it:  
except the LORD keep the city, the watchman waketh but in vain.  
It is vain for you to rise up early, to sit up late,  
to eat the bread of sorrows:  
for so he giveth his beloved sleep.  
Lo, children are an heritage of the LORD:  
and the fruit of the womb is his reward.  
As arrows are in the hand of a mighty man;  
so are children of the youth.  
Happy is the man that hath his quiver full of them:  
they shall not be ashamed,  
but they shall speak with the enemies in the gate.**



## 9. Tuesday, October 4th



**Murray Palmatier** 10:39 AM

With the Day of Atonement just hours away, here is today's Psalm of Ascent. It goes hand-in-hand with yesterday's, and speaks to the lessons of jubilee and freedom that come with being a faithful member of the covenant community. I am sure you can see others lessons here as well. As always, feel free to add your thoughts and comments in the thread. Have a meaningful fast.

### **Psalms 128**

**Blessed is every one that feareth the LORD;  
that walketh in his ways.**

**For thou shalt eat the labour of thine hands:  
happy shalt thou be, and it shall be well with thee.**

**Thy wife shall be as a fruitful vine  
by the sides of thine house:  
thy children like olive plants  
round about thy table.**

**Behold, that thus shall the man be blessed that feareth the LORD.**

**The LORD shall bless thee out of Zion:  
and thou shalt see the good of Jerusalem  
all the days of thy life.**

**Yea, thou shalt see thy children's children,  
and peace upon Israel.**

## **10. Wednesday, October 5th**



**Murray Palmatier** 7:24 AM

What a blessed day it is today as we wake up and find ourselves in holy, sacred time on one of the most solemn days of the year. It is a day to afflict our souls. Yet, a deep understanding of this day brings with it joy. Joy in knowing that it represents jubilee, freedom and forgiveness for the covenant people of God; a day when sins that have been covered by the blood of the Lamb are placed on the head of the source of sin and are no more. So much meaning to this day. Today's Psalm of Ascent looks forward to the victory God will grant His covenant people over all those that have brought affliction. What a day that will be!

### **Psalms 129**

**Many a time have they afflicted me from my youth,  
may Israel now say:**

**Many a time have they afflicted me from my youth:  
yet they have not prevailed against me.**

**The plowers plowed upon my back:  
they made long their furrows.**

**The LORD is righteous:  
he hath cut asunder the cords of the wicked.  
Let them all be confounded and turned back  
that hate Zion.**

**Let them be as the grass upon the housetops,  
which withereth afore it groweth up:  
Wherewith the mower filleth not his hand;  
nor he that bindeth sheaves his bosom.**

**Neither do they which go by say,**

**The blessing of the LORD be upon you: we bless you in the name of the LORD.**

## **11. Thursday, October 6th**



**Murray Palmatier** 9:38 AM

Good morning everyone. Hopefully your Day of Atonement was meaningful, and your fast “easy” as they say. We are closing in now on the Feast of Tabernacles, but there is still a Sabbath to go. Today’s Psalm of Ascent still plays off of the Day of Atonement theme of redemption for Israel. The lessons extend to us as we wait and fear God because only through Him, and the Messiah, do we receive full and complete redemption. Have a blessed day.

### **Psalms 130**

**Out of the depths have I cried unto thee, O LORD.**

**Lord, hear my voice:**

**let thine ears be attentive to the voice of my supplications.**

**If thou, LORD, shouldest mark iniquities,**

**O Lord, who shall stand?**

**But there is forgiveness with thee,  
that thou mayest be feared.**

**I wait for the LORD, my soul doth wait,  
and in his word do I hope.**

**My soul waiteth for the Lord**

**more than they that watch for the morning:**

**I say, more than they that watch for the morning.**

**Let Israel hope in the LORD:**

**for with the LORD there is mercy,  
and with him is plenteous redemption.**

**And he shall redeem Israel  
from all his iniquities.**

## **12. Friday, October 7th**



**Murray Palmatier** 9:57 AM

Good morning - only one more work day before the weekend, Sabbath, and then the Feast arrives. Safe travels to all. We’re down to 4 more Psalms of Ascent, and we can see the tone change from Israel’s realization of forgiveness from their repentance as signified by Atonement, and a pledge to simplify their outlook, remain in God’s good graces and protection with their faithful and law-abiding behaviour. Have a blessed Sabbath.

### **Psalms 131**

**LORD, my heart is not haughty, nor mine eyes lofty:**

**neither do I exercise myself in great matters, or in things too high for me.**

**Surely I have behaved and quieted myself,**

**as a child that is weaned of his mother:**

**my soul is even as a weaned child.**

**Let Israel hope in the LORD**

**from henceforth and for ever.**

## 13. Saturday, October 8th



**Murray Palmatier** 10:56 AM

Good Sabbath morning all - opening night of the Feast is one sleep away! As we come to Psalm 132 today (it is the longest of the Psalms of Ascent), the writer is looking back at David's quest to build a dwelling place for "The Mighty One of Jacob". This draws obvious parallels to transitioning our minds to the Feast of Tabernacles. The tabernacle, followed later by the temple, was a place for God to dwell with His covenant people; the place that would house the Ark of the Covenant, which held the tablets of the testimony. Much to see and ponder in this very meaningful Psalm. Solomon ended up building the temple, but the Psalm shows that it was the desire of King David that paved the way.

### **Psalms 132**

**LORD, remember David,  
and all his afflictions:  
How he swore unto the LORD,  
and vowed unto the mighty God of Jacob;  
Surely I will not come into the tabernacle of my house,  
nor go up into my bed;  
I will not give sleep to mine eyes,  
or slumber to mine eyelids,  
Until I find out a place for the LORD,  
an habitation for the mighty God of Jacob.  
Lo, we heard of it at Ephratah:  
we found it in the fields of the wood.  
We will go into his tabernacles:  
we will worship at his footstool.  
Arise, O LORD, into thy rest;  
thou, and the ark of thy strength.  
Let thy priests be clothed with righteousness;  
and let thy saints shout for joy.  
For thy servant David's sake  
turn not away the face of thine anointed.  
The LORD hath sworn in truth unto David;  
he will not turn from it;  
Of the fruit of thy body will I set upon thy throne.  
If thy children will keep my covenant  
and my testimony that I shall teach them,  
their children shall also sit upon thy throne for evermore.  
For the LORD hath chosen Zion;  
he hath desired it for his habitation.  
This is my rest for ever:  
here will I dwell; for I have desired it.  
I will abundantly bless her provision:  
I will satisfy her poor with bread.  
I will also clothe her priests with salvation:  
and her saints shall shout aloud for joy.  
There will I make the horn of David to bud:  
I have ordained a lamp for mine anointed.  
His enemies will I clothe with shame:  
but upon himself shall his crown flourish.**

## 14. Sunday, October 9th



**Murray Palmatier** 7:38 AM

Good morning Brothers and Sisters!

The Feast is less than 12 hours away. As we approach the end of the Psalms of Ascent, today's Psalm expressing our Father's expectations of us as we come together to worship, rejoice and partake of God's blessings in our lives. We bring our Father and our Messiah joy when we come together in a spirit of unity. Safe travels today as you make your way to the Feast site you are attending. If you are unable to make it to a site, may your Feast be uplifting and filled with joy as well. The world is a mess, but we are blessed to know God, Jesus Christ, and truth. Let's finish this Festival year strong!

### **Psalms 133**

**Behold, how good and how pleasant it is  
for brethren to dwell together in unity!  
It is like the precious ointment upon the head,  
that ran down upon the beard,  
even Aaron's beard: that went down to the skirts of his garments;  
As the dew of Hermon, and as the dew that descended upon the mountains of Zion:  
for there the LORD commanded the blessing,  
even life for evermore.**

## 15. (Early release) Sunday, October 9th



**Murray Palmatier** 5:57 PM

Good evening everyone. Thank you for joining me on this 15-day journey through the Psalms of Ascent. Rather than post the final one in the morning, I wanted it in your hands before the Feast starts tonight. As we come together tonight to open the Feast in worship, take note of the simple, yet profound message of this Psalm. We've come through a long 15 day journey from Trumpets to Atonement and now arrive at the Feast of Tabernacles. When you sing that first hymn tonight (as the Psalm actually says), sing it with joy - we are so blessed. Have a very blessed and joyous Feast.

### **Psalms 134**

**Behold, bless ye the LORD, all ye servants of the LORD,  
which by night stand in the house of the LORD.  
Lift up your hands in the sanctuary,  
and bless the LORD.  
The LORD that made heaven and earth  
bless thee out of Zion.**