

What is the Sabbath?

How did God create the Sabbath? [Gen 2:1-3](#)

Note: Unlike the rest of creation, God created the Sabbath by resting.

Was the keeping of the Sabbath a legal issue for ancient Israel? [Exod 20:8-11](#), [Ezek 20:16](#)

Did God make Israel aware of the Sabbath prior to the giving of the 10 Commandments? [Exod 16](#)

Did Abraham keep God's Laws? [Gen 26:5](#)

Why did God create the sun and moon? [Gen 1:14](#)

Note: the word translated seasons is the Hebrew word "mow-ed". Here is the Strong's definition:

mow{ed, mo-ade´; ([2 Chronicles 8:13](#)), mo-aw-daw´; from 3259; properly, an appointment, i.e. a fixed time or season; specifically, a festival; conventionally a year; by implication, an assembly (as convened for a definite purpose); technically the congregation; by extension, the place of meeting; also a signal (as appointed beforehand):—appointed (sign, time), (place of, solemn) assembly, congregation, (set, solemn) feast, (appointed, due) season, solemn(-ity), synogogue, (set) time (appointed).

Does God outline his feast days or solemn assemblies anywhere in the Bible? [Lev 23](#)

Whose feast days are these? Do they belong to the Jews? [Lev 23:2](#)

Note: All of God's feast days, beginning with the weekly Sabbath and including the annual Holy Days are determined by the movement of the sun and moon. As noted in [Gen 1:14](#), this is the purpose of the sun and moon. They were created as part of God's religious system.

If the keeping of the keeping of the Sabbaths was a legal, life-and-death issue for Israel, and if the purpose of the sun and moon is to identify for man when to keep God's feasts, wouldn't God have made it known to Abraham in order to declare that Abraham kept his laws? [Gen 26:5](#)

Did Christians in the New Testament Observe the Sabbath?

A Christian is one who follows Christ. Did Jesus Christ observe the Sabbath? [Luke 4:16](#)

After Jesus Christ died, did the apostle Paul regularly observe the Sabbath? [Acts 17:3](#)

Did he keep it every week? [Acts 18:4](#)

Did the Gentiles keep the Sabbath or did Paul meet with the Gentiles on Sundays? [Acts 13:42](#)

Note: the Jews left the synagogue. If Paul observed Sunday, he could have made arrangements to meet with these eager Gentiles the next day instead of waiting a whole week.

What about the annual Sabbaths? Did the New Testament Church observe these after the death of Christ? [Acts 18:21](#), [20:16](#), [1 Cor 5:7-8](#)

What about the Day of Pentecost when they had to count 50 days from the first day of the week during the Days of Unleavened Bread. Did the New Testament church observe this festival? [Acts 2:1-4](#)

Note: They were all gathered together according to the command to convene in a solemn assembly on God's Feast Days. God was so pleased with them, He filled them with His Holy Spirit to establish the New Testament church on this very day.

Will the whole world keep God's Holy Days when Jesus Christ returns?

Is the Feast of Tabernacles for everyone or just the Jews? [Zech 14:16-21](#)

Sunday Observance

Did the New Testament church worship on Sunday, the first day of the week? [Acts 20:7](#)
Why did they meet on the first day of the week if they were Sabbath keepers and directed the Gentiles to meet with them on the Sabbath?

Note: The first day of the week is translated from the Greek words "mia sabbaton" which should be properly translated, first day of the Sabbaths.

Does one have to begin counting Sabbaths from a special Sunday in order to arrive at the Day of Pentecost? How many Sabbaths must be counted? [Lev 23:15](#)

Why do the majority of Christians observe weekly Sunday services if the Bible does not authorize it? Please refer to any Encyclopedia and look up the [Council of Laodicea](#) to see how the Roman Catholic Church abolished the Sabbath and established Sunday as the day for "Christian" worship. Here is canon 29 of the 60 canons that were established in the city of Laodicea hundreds of years after the death of Christ:

"Christians must not judaize by resting on the Sabbath, but must work on that day, rather honouring the Lord's Day; and, if they can, resting then as Christians. But if any shall be found to be judaizers, let them be anathema from Christ."

Conclusion

If you found this mini-study helpful, we go into much more detail on topics like this during our weekly services. All are welcome!